

Exercise 1 • Sort It: Syllable Types

- ▶ Read each word in the **Word Bank**.

Word Bank

drift	dart	forth	time	when
stage	turn	wake	back	stretch
prime	her	skirt	rule	thorn

- ▶ Look at the sound-spelling pattern for each vowel sound.
- ▶ Sort the words according to syllable type.
- ▶ Label each column with its syllable type.

Exercise 2 • Spelling Pretest 1

▶ Write the word your teacher repeats.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____

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Exercise 3 • Identify It: Noun Categories

- ▶ Reread the paragraph below.
- ▶ Look at each of the underlined nouns.
- ▶ Decide if the noun names a person, a place, a thing, or an idea.
- ▶ Copy each word into the correct column.

from “Dreaming the Night Away”

This is the dance of REM. Somewhere deep inside your mind you are creating a little drama for an audience of one. Your story, though, can hardly be called one of the year’s ten best. It’s almost impossible to follow. The events are confusing and disconnected. The characters come and go for no apparent reason. The dialogue doesn’t make any sense. It’s a mess, all right, but you don’t seem to notice it. On and on you dream, accepting even the most ridiculous situations without question, thoroughly convinced that it’s all really happening. Furthermore, you are not just a sleepy member of the audience, you’re a participant, and you react to everything that goes on. A frightening dream in particular catches you like a hook, and you actually experience fear.

Person	Place	Thing	Idea

Exercise 4 • Punctuate It: Commas in a Series

- ▶ Read each sentence.
 - ▶ Identify the words or word groups in the series.
 - ▶ Place a comma between each item in the series.
1. There is a calm angelic and peaceful look on your face when you sleep.
 2. Suddenly your eyes are rolling back and forth back and forth and back and forth.
 3. Your breath is coming in quick shallow and rapid bursts.
 4. Your blood pressure has shot up your heart is pumping and beads of perspiration break out.
 5. When we sleep we toss turn and roll around quite a bit.
 6. Sleepwalkers will open their eyes swing their legs over the side of the bed and head off on some errand.
 7. Sleepwalkers can steer around furniture walk the dog and even drive a car.
 8. It is a myth that a sleepwalker will get lockjaw die of a heart attack or become paralyzed if woken.
 9. Sleepwalking is as strange mysterious and otherworldly as dreaming.
 10. Scientists are studying observing and documenting incidences of sleepwalking.

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Exercise 5 • Phrase It

- ▶ Use the penciling strategy to “scoop” the phrases in each sentence.
- ▶ Read the sentences as you would speak them.

from “Dream While You Sleep”

Benjamin Franklin warned it could be a waste of time. Shakespeare disagreed. He called sleep the bath that heals the pains of work. He said that sleep soothes troubled minds. He called it the most nourishing food in life’s feast.

Exercise 6 • Use the Clues

- ▶ Read the excerpt from “**Dream While You Sleep**” below.
- ▶ Reread the underlined phrase **waste of time**.
- ▶ Reread the text before and after the underlined phrase.
- ▶ Circle the word or words that help to define the phrase **waste of time**.
- ▶ Write a definition for the phrase **waste of time**, using context clues.
- ▶ Write a sentence that demonstrates understanding of the context by writing a sentence using the phrase **waste of time**, and then rewriting the sentence using your definition in place of **waste of time**.

from “Dream While You Sleep”

It looks like Shakespeare was on the right track. Sleep is definitely not a waste of time. It’s essential. We can’t live without it. But it’s not so much the body that needs it. It’s the brain!

Define It:

waste of time—_____

Sentence:

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Exercise 7 • Rewrite It

- ▶ Read the following groups of sentences.
- ▶ Rewrite each group by combining sentences and adding a conjunction to contrast the ideas.
- ▶ Check that each sentence uses sentence signals—capital letters, commas, and end punctuation.

1. Some people remember their dreams. Other people say they never remember their dreams.

2. The body doesn't really need to sleep. The brain does.

3. Our dreams often don't make sense. We don't mind.

4. During REM, our logic center does not operate. Our limbic system does.

5. During REM, our eyelids are closed. Our eyes are very active, darting back and forth beneath our eyelids.
